

PROGRAMME AGENDA

8am - 9am Arrival of participants

9am - 930am Ice-breaker & Hand Exercise 930am - 1030am Drum Circle Playshop PT1

1030am - 11am Tea-Break

Group Assignment

11am - 12pm Drum Circle Playshop PT2 12pm - 1230pm Reach Orchestra Level

Jam Session

Note: Programme timing can be customised



UNITY & TEAMWORK TO ACHIEVE SINGLE GOAL TOGETHER PROMOTE WELLNESS & STRESS MANAGEMENT

REINFORCE A "CAN-DO" ATTITUDE - POSITIVE MINDSET

PROMOTE "SERVANT LEADERSHIP" - PUTTING PEOPLE FIRST

PROMOTE THE NEED TO EMBRACE CHANGE & TRANSFORM

POWERFUL ENERGISER & MIND-BODY-SOUL RENEWAL

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rough Rhythm

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